



CSP Quarterly

CENTERED SPIRIT PROGRAM NEWSLETTER



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PASCUA YAQUI POLICE DEPARTMENT

“Respect, Safety, and Community Trust”

!!!! PUBLIC AWARENESS ALERT !!!!

The Pascua Yaqui Tribe has become aware of individuals or “recruiters” associated with off-reservation behavioral health treatment facilities approaching Tribal members and offering them a place to stay, regular meals, and other essential items if they agree to accompany them to facilities located in Phoenix or the surrounding metropolitan area.

The Tribe has also received reports of the same or similar individuals offering Tribal members gift cards, cell phones, cash payments or other incentives to refer family or friends to these same facilities. Tribal members who do accompany these recruiters to the Phoenix metropolitan area are often left stranded with no means of returning home and/or are unable to contact family members regarding their whereabouts.

If you or a family member has been approached or picked up by one of these recruiters or if you observe any of these recruiters within the community, you are encouraged to contact the Pascua Yaqui Police Department at 520-879-5523.



Law Enforcement • Criminal Investigations • Detection • Animal Control • Communications • Security
7777 S. Camino Huévilas • Bldg. A • Tucson, Arizona 85757 • Phone (520) 879-5600 • Fax (520) 879-5686



CSP Groups

NBC Group Schedule

New Beginnings 7490 S Camino de Oeste, P.O. Box 520-879-6003

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COD					
WEEK 1: 8:30 AM - 10:00	Healthier Relationships Keith Brock	Webinars Or White Bison Anna P	Relapse Prevention Keith Brock	Pain Management Andre Mapp	Creative Art Michael L
WEEK 1 10:30 AM- 11:30 AM	Talking Circles PEER Support	Opioid-Fentanyl Ed. Andre M			
COD					
WEEK 2 8:30 AM - 10:00 AM	Healthier Relationships Keith Brock	Webinars Or White Bison Anna P	Relapse Prevention Keith Brock	Pain Management Andre Mapp	Creative Art Michael L
WEEK 2: 10:30 AM- 11:30 AM	Talking Circles PEER Support	Opioid-Fentanyl Ed. Andre M			
COD					
WEEK 3: 8:30 AM - 10:00 AM	Healthier Relationships Keith Brock	Webinars Or White Bison Anna P	Relapse Prevention Keith Brock	Pain Management Andre Mapp	Creative Art Michael L
WEEK 3: 10:30 AM- 11:30 AM	Talking Circles PEER Support	Opioid-Fentanyl Ed. Andre M			
COD					
WEEK 4: 8:30 AM - 10:00 AM	Healthier Relationships Keith Brock	Webinars Or White Bison Anna P	Relapse Prevention Keith Brock	Pain Management Andre Mapp	Creative Art Michael L
WEEK 4: 10:30 AM- 11:30 AM	Talking Circles PEER Support	Opioid-Fentanyl Ed. Andre M			



Adult Group Schedule

Adult Group Calendar 2022				
Monday	Tuesday	Wednesday	Thursday	Friday
10:00am - 11:30 am Relapse Prevention In Person Susan Walters 7426 Vahcom, 520.879.6022	9:30am - 11:30am Wellness & Sobriety In Person Maria Bule 7426 Vahcom, 520.879.6022	10:00am - 11:30 pm IOP Outing/ Life Skills In Person Vanessa Gamez 7426 Vahcom, 520.879.6022	11:30am - 1:00pm Fatherhood Motherhood is sacred In Person, Alex Alvarez 7426 Vahcom, 520.879.6022	10:00 am - 11:30 am Healthy Relationships / ART In Person Sofia Martinez 7426 Vahcom, 520.879.6022
	12pm - 1pm Acq-Detox In Person by appointment Dr. Sue Tham 520.269.2598 4567 W Tetakusim, Acq-Detox Rm		12pm - 1pm Acq-Detox In Person by appointment Dr. Sue Tham 520.269.2598 4567 W Tetakusim, Acq-Detox Rm	
	1:30pm - 3:00pm Women's Group In Person Genevieve James 7426 Vahcom, 520.879.6022 Starting 9/6/22	2:15pm - 3:30pm Anger Management Hybrid Sofia Martinez Health Building 4567 W Tetakusim, Rm #137 520.879.6060		
	3:00pm - 4:00pm Healing The Cloud of Sorrow In Person Colleen Noonan Health Building 4567 W Tetakusim, Rm # 137 520.879.6060		3:00 pm - 4:00 pm Yoga tools/Meditation Skills In Person Colleen Noonan Health Building 4567 W Tetakusim, Rm # 137 520.879.6060	
6:00pm - 8:00pm Substance Abuse & Depression In Person Luis Caner Vahcom House 520.879.6022	6:00pm - 8:00pm Healing To Wellness In Person Luis Caner (Closed group) Vahcom House		6:00pm - 7:30pm Substance Abuse Hybrid Susan Walter Health Building 4567 W Tetakusim, Rm # 137 520.879.6060	Check in at CSP front desk. COVID test before attending group required

CSP Groups

Children's Group Schedule



Art Therapy Group
 Ages 8 - 12 Wednesdays
 5:00 - 6:00
 Starts December 21st, 2022
 Instructors: Laura N., Rhonda, & Dahlia
 Express Yourself Through ART




Inhale & Exhale
 Mind Body Skills Group
 Ages 8 - 12
 Wednesdays 4:00 to 5:00 pm
 CSP Koko/om Conference Rm 343
 Contact: Laura Costello, LMFT 520-879-5665

Guadalupe Group Schedule



Centered Spirit
 Guadalupe - Groups
 Boy's Group: Thursdays, 4:30 pm
 South Point Junior High
 and High School:
 Monday - Thursday
 for students of South Point

SEP Group

Centered Spirit Supportive Employment Program

SEP
Life Skills, Job
Fundamentals & More



Join SEP's team to develop the skills and traits you need to be more successful in everyday life so you can be a better you at home, work & school
 Wednesday
 CSP Modular



St. Mary's Location



WOMEN'S WELLNESS & HEART HEALING GROUP
 Expressive Art Therapy to cope with loss, gain resilience and find wellness!
 Participants must be referred by their primary CSP provider
 Call Denise Bush, LPC to Sign up
 520-879-5665
 Every Wednesday @ 3:45PM - 5:00PM
 Current COVID Protocol will be Followed
 Location: St. Mary's CSP
 1775 W. St. Mary's Road, Ste. 115
 Tucson, AZ 85749

Fun At CSP

HALLOWEEN!



Coco Day!



FALL COLORS!



ANIMATION DAY!



CAMO DAY!



CSP's Kurues LGBTQ Group participated at Tucson's Pride Day Event and Parade in October





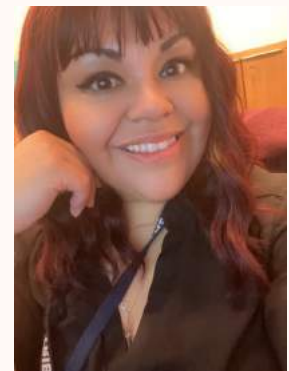
TAMBOURA DAVIS
BHT NEW BEGINNINGS



HARRY COPELAND,
BEHAVIORAL HEALTH CLINICIAN
CRISIS PROGRAM



BERNADETTE MEDRANO
CLINICAL APPLICATION ANALYST



ELISA CERVANTES,
BHT 2
WOMEN'S PATH



TINA BUCK
BEHAVIORAL HEALTH CLINICIAN
NEW BEGINNINGS



LISA LUCERO
BHT 1 MEN'S PATH



CONNIE GAMEZ
PATIENT SUPPORT SERVICES TECHNICIAN



CLARISSA ESTRELLA
PATIENT SUPPORT
SERVICES TECHNICIAN

Welcome New CSP Staff



KARINA PERALTA
UTILIZATION REVIEW SPECIALIST
ADMIN



TONYA BAKER
BHC 2 GUADALUPE



KAYLA HUGHES
MEDICAL ASSISTANT
NEW BEGINNINGS



YLANDA LINDSEY
BHC 1 ADULT SERVICES



BRITTANY ESCAMILLA SEP
PATIENT SUPPORT TECHNICIAN



LAURA NUNEZ
BEHAVIORAL HEALTH CLINICIAN
CHILDREN SERVICES



DENISE BENCOMO
BEHAVIORAL HEALTH CLINICIAN NEW
BEGINNINGS



David Sarich
BHC I Adult Services

Health & Social Services Family Center Phone Numbers

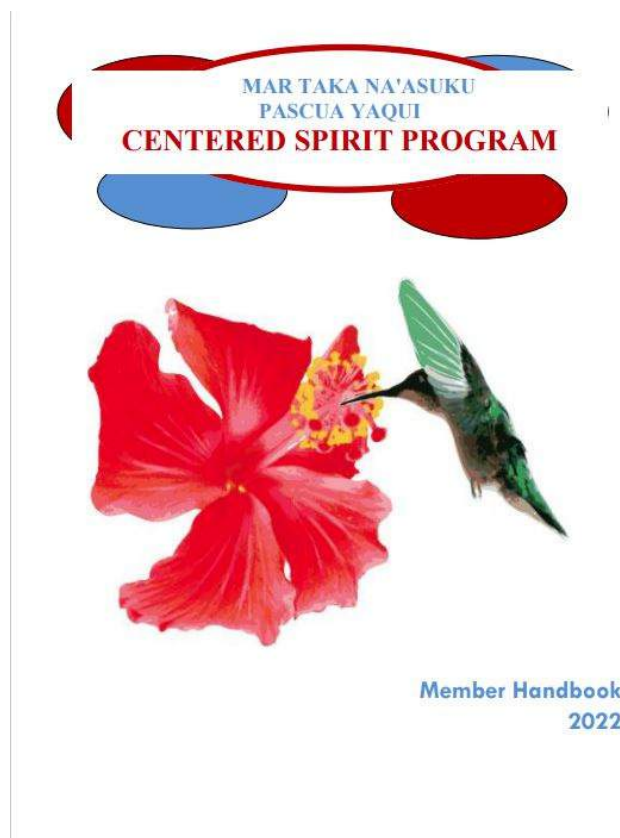


Hiak Yoemia Allae'ewame Tevat Kari
PASCUA YAQUI HEALTH & SOCIAL SERVICES
FAMILY CENTER

520-838-7200 | 4567 W. Tetakusim Rd | Tucson AZ, 85746
Southeast corner of Tetakusim Rd. & Camino de Oeste

Centered Spirit Program - Tucson 520-879-6060	Community Health Nursing 520-879-6119
El Rio Pascua Pharmacy Refill 520-838-6617	Health Administration 520-879-6014
Health Business Office 520-879-6027	Sewa Uusim Community Partnership 520-879-6181
Social Services Family Center 520-883-5060	Third Party Billing 520-879-6039
Yoeme Managed Care 520-879-6041	 520-879-6397
Health - Specialty Clinic 520-879-6120	

2022 Member Handbook has arrived!



The 2022 CSP Members handbook is here! . You can request a copy of the current 2022 Handbook at the front desk in English or in Spanish or click the following link:

<https://www.pascuayaqui-nsn.gov/wp-content/uploads/2022/03/CSP-Member-Handbook.pdf>

False Claims Act Information

Purpose of the Deficit Reduction Act (DRA): to eliminated Fraud, Waste, and Program Abuse in Medicaid.

False Claim Act (FCA): also known as the “Lincoln Law”, dates back to the Civil War. The original law included “qui tam” provisions that allowed private persons to sue those who defrauded the Government and receive a percentage of any recovery from the defendant. The FCA covers fraud involving any federally funded contract or program, with the exception of tax fraud.

Liability for violating the FCA; Three times the dollar amount that the Government is defrauded and civil penalties of \$5, 500 to \$11,000 for each false claim.

How and when can an individual receive an award for blowing the whistle under the FCA? You must file a qui tam lawsuit, informing government is not enough. The whistleblower that files a False Claims Act suit receives an award only if, and after, the Government recovers money from the defendant as a result of the lawsuit. An individual can receive money for filling a qui tam lawsuit. The award may be between 15 to 30 percent of the total recovery from defendant. The whistleblower is protected under the FCA section 3730(h).

Phone numbers to report fraud, waste, and program abuse;

Tucson CSP Office: 520-879-6065

Guadalupe CSP Office: 480-768-2000

CSP Corporate Compliance Officer: 520-879-6092

AHCCCS Member Fraud Line: 602-417-4193 or 1-888-487-6686

The Centered Spirit Program would like you to help us stop fraud, waste and program abuse. If you have information regarding a member or provider who has been dishonest with us in order to receive CSP services or Benefits we ask you to contact one of the following: CSP Office: 520-879-6065, Guadalupe 480-768-2000 Corporate Compliance Officer, Network Services 520-879-6092 AHCCCS Member Fraud Line 602-417-4193 or 1-888-487-6686

Definitions

FRAUD: an intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit to him self or some other person. It includes any act that constitutes fraud under applicable Federal, State, or Tribal law.

WASTE: is overutilization of services or other practices that, directly or indirectly, result in unnecessary costs to the health care system.

ABUSE: A CSP Staff who's practice is not consistent with business or medical practices, and result in an unnecessary cost to the Program, or in reimbursement for services that are not medically necessary or fail to meet professionally recognized standards for health care. It also includes members who's services in an unnecessary cost to the Program.

ABUSE of MEMBER: any intentional, knowing or reckless infliction of physical harm, injury caused by negligent acts or omissions, unreasonable confinement, emotional or sexual abuse, or sexual assault.

HIPAA Starts with You

- Protecting each person's privacy is a key part of quality care**
- Privacy matters**
- Protecting PHI is everyone's job, PHI is not everyone's business**
- To access records one must have a business need to know**
- Respect the privacy of our patients/clients**



Provider Advocacy

The PY TRBHA Centered Spirit Program encourage it's Providers and subcontracted Providers to advise or advocate on behalf of the behavioral health recipient for the following;

- Behavioral Health Recipient's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
- Information the Behavioral Health Recipient needs to decide among treatment options.
- Risks, benefits and consequences of treatment of non-treatment
- Behavioral Health Recipient's right to participate in treatment decisions regarding his or her behavioral health care, including the right to refuse treatment.

AHCCCS Health Insurance Information

What does AHCCCS cover?

Depending on the program, AHCCCS Health Insurance may cover;

- Doctor's Visits
- Specialist Care
- Transportation to Doctor
- Hospital Services
- Emergency Care
- Pregnancy Care
- Podiatry Services
- Surgery
- Immunizations
- Physical Exams
- Behavioral Health
- Family Planning
- Lab & X-rays
- Prescriptions
- Dialysis
- Eye Exams & Glasses
- Dental Services
- Hearing Aids & Exams

What is AHCCCS Health Insurance?

AHCCCS Health Insurance was established by the State of Arizona to provide Health Care to Arizona residents.
www.azahcccs.gov

How do I apply for AHCCCS Health Insurance?

In person

7490 S. Camino De Oeste

Walk-ins welcome Monday, Wednesday, Thursday, and Friday between the hours of 8:00AM-10:45AM and 1:00PM-3:45PM. Closed on Tuesdays.

On Line

Health-e-Arizona (healthearizonaplus.gov)



DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER TO SELF OR OTHERS?

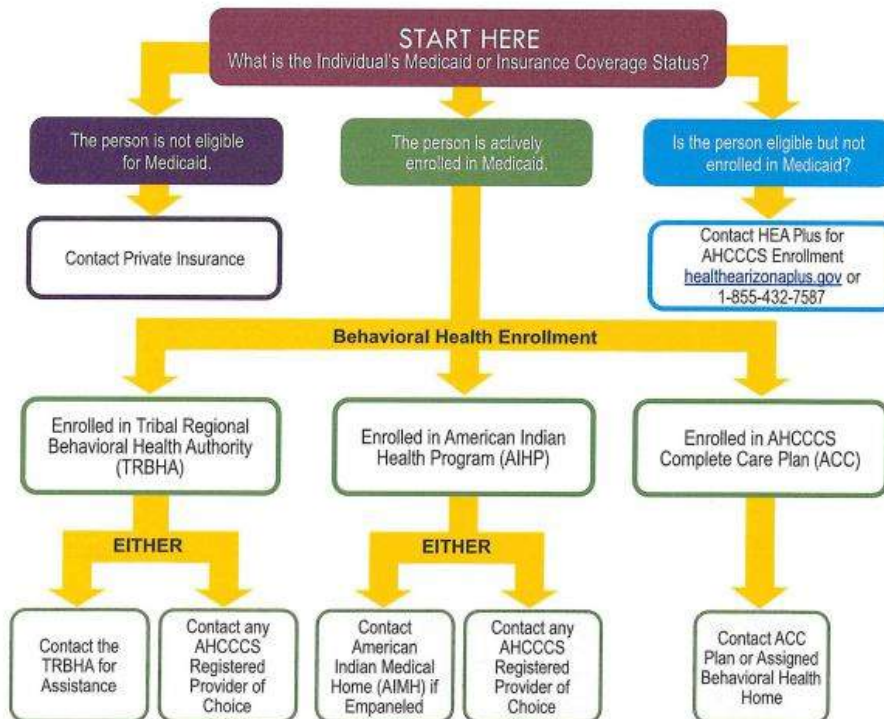
CALL 911

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?

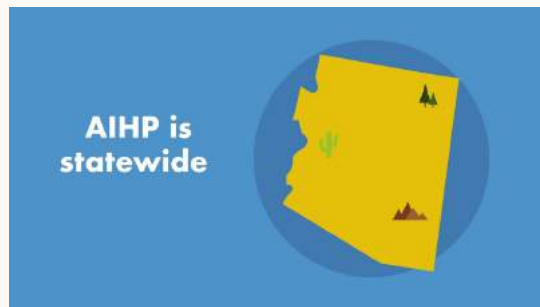
SEE CRISIS NUMBERS ON PAGE 2

How to Access Behavioral Health Service for American Indian/Alaskan Native (AI/AN) Individuals

Regardless of insurance coverage, AI/AN individuals may always receive care at any Indian Health Service Facility, Tribally-Operated 638 Health Program, or Urban Indian Health Program (ITU). You may contact the nearest ITU for assistance with behavioral health needs or referrals. Individuals may also access crisis services regardless of insurance coverage.



See page 2 for resources and contact information.



Who is on your team?



Centered Spirit - Health Psychology Clinic
Location: Specialty Health Clinic, PH: 520.879.6120
Monday to Friday 8:00 to 12 PM, 1:00 to 5:00 PM

WHO IS ON YOUR CARE TEAM?
YOUR PRIMARY CARE PROVIDER LEADS YOUR CARE TEAM

PATIENT: YOU ARE THE MOST IMPORTANT PERSON ON THE TEAM



PASCUA YAQUI CLINIC
PH: 520-879-6000

- 1** **PRIMARY CARE PROVIDER**
Oversees your team and knows you the best
- 2** **CLINICAL NURSE**
Facilitates all aspects of your care including help with procedures, triage and education
- 3** **BEHAVIORAL HEALTH**
Works with you and your team to improve mental health
- 4** **MEDICAL ASSISTANT**
Works hand-in-hand with your provider to get you ready for your visits
- 5** **SPECIALIST**
Provides expanded condition-specific expertise
- 6** **CLINICAL PHARMACIST**
Ensures your medications are safe, accurate and you know how to take them

An Integrated Interdisciplinary System-wide Approach Based on Collaboration, Coordination, and Consultation with the Care Teams, to Promote and Provide for Holistic Community Health

STAY CONNECTED



KNOW WHO TO CALL



Medical Emergency or Safety Crisis = call **911** to be connected to Police or Fire Department

Suicide, Mental Health or Substance Use Crisis = call or text **988** to be connected to direct support from the Lifeline

PYT Mental Health Services = call **Centered Spirit** for support
M-F **(520) 879-6060** / After Hours Crisis **(520) 591-7206**

PYT Resources and Referrals = call The We Embrace Life Team
Non-Crisis Support line M-F **(520) 883-5030**

Keep Our Community SAFE



7/22